Regional School District 12

11A School St / P.O. Box 386 - Washington Depot, CT 06794 Ph. 860-868-6100 BRIDGEWATER - ROXBURY - WASHINGTON

Dear Parent/Guardian:

Regional School District 12 offers choice of low-fat and nonfat milk each school day. Children may buy milk for \$.35. Children who qualify under the U.S. Department of Agriculture (USDA) guidelines may receive milk free. For more information, please call the school for further information. This packet includes an application for free milk benefits and detailed instructions.

NOTE: Children receiving Supplemental Nutrition Assistance Program (SNAP), Temporary Family Assistance (TFA) or Medicaid benefits *may* be directly certified and automatically eligible for free milk without applying for benefits. Questions regarding SNAP/TFA/Medicaid and direct certification should be sent to the Central Office at 860-868-6100.

If you have received a NOTICE OF DIRECT CERTIFICATION for free milk, **do not** complete the application unless instructed to do so by the district. Let the school know if any children in your household are not listed on the Notice of Direct Certification letter you received since free milk benefits are extended to all children in a household when directly certified.

Additionally, all school-aged children in income-eligible households can receive school milk benefits regardless of a child's immigration status and the district/school does not release information for immigration-related purposes in the usual course of operating the Child Nutrition Programs.

The answers to common questions below can help you with the application process.

1. Who can get free milk?

- All children in households receiving SNAP or TFA benefits are eligible for free milk. Note: Some students receiving Medicaid benefits are eligible for free milk.
- Children participating in their school's Head Start program are eligible for free milk.
- Children who meet the definition of homeless or runaway are eligible for free milk.
- Children may receive free milk if your household's income is within
 the limits of the Federal Income Eligibility Guidelines. Your
 children may qualify for free milk if your household income falls at
 or below the limits on this chart:

Free Federal Eligibility Income Chart (Effective 7/1/2017 to 6/30/2018)						
Household size	Household size Yearly Monthly Weekly					
1	15,678	1,307	302			
2	21,112	1,760	406			
3	26,546	2,213	511			
4	31,980	2,665	615			
5	37,414	3,118	720			
6	42,848	3,571	824			
7	48,282	4,024	929			
8	53,716	4,477	1,033			
Each Additional Family Member	+ 5,434	+ 453	+ 105			

- 2. **How do I know if my children qualify as homeless or runaway?** Do the members of your household lack a permanent address? Are you staying together in a shelter, hotel, or other temporary housing arrangement? Does your family relocate on a seasonal basis? Are any children living with you who have chosen to leave their prior family or household? If you believe children in your household meet these descriptions and you have not been told your children will get free milk, please call the Central Office at 860-868-6100.
- 3. **Do I need to fill out an application for each child**? No. Use **one** *Free School Milk Application* for all students in your household. We cannot approve an application that is not complete, so be sure to fill out all required information. Return the completed application to the school.
- 4. Should I fill out an application if I received a letter this school year saying my children are already approved for free milk? No, but please read the letter carefully and follow the instructions. If any children in your household were missing from your eligibility notification, contact the Central Office at 860-868-6100 immediately.
- 5. **My child's application was approved last year. Do I need to fill out a new one?** Yes. Your child's application is only good for that school year and for up to 30 operating days into the new school year (or until a new eligibility determination is made, whichever comes first). When the carryover period ends, unless you are notified that your children are directly certified or you submit an application that is approved, your children's must pay for their milk. Though encouraged to do so, the LEA is not required to send a reminder or a notice of expired eligibility.
- 6. **I get WIC.** Can my children get free milk? Children in households participating in WIC may be eligible for free milk. Please send in an application.
- 7. Will the information I give be checked? Yes. We may also ask you to send written proof of the household income you report.

- 8. **If I don't qualify now, may I apply later?** Yes, you may apply at any time during the school year. For example, children with a parent or guardian who becomes unemployed may become eligible for free milk if the household income drops below the income limit.
- 9. What if I disagree with the school's decision about my application? You should talk to school officials. You also may ask for a hearing by calling or writing: Patricia Cosentino, Ed.D., 11A School St, Washington Depot, CT 06794 860-868-6100 cosentinop@region-12.org.
- 10. May I apply if someone in my household is not a U.S. citizen? Yes. You, your children or other household members do not have to be U.S. citizens to apply for free milk.
- 11. What if my income is not always the same? List the amount that you normally receive. For example, if you normally make \$1,000 each month, but you missed some work last month and only made \$900, put down that you made \$1000 per month. If you normally get overtime, include it, but do not include it if you only work overtime sometimes. If you have lost a job or had your hours or wages reduced, use your current income.
- 12. What if some household members have no income to report? Household members may not receive some types of income we ask you to report on the application, or may not receive income at all. When this happens, please write "0" in the field. However, if any income fields are left empty or blank, those will also be counted as zeroes. Please be careful when leaving income fields blank, as we will assume you meant to do so.
- 13. We are in the military. Do we report our income differently? Your basic pay and cash bonuses must be reported as income. If you get any cash value allowances for off-base housing, food or clothing, or receive Family Subsistence Supplemental Allowance payments, these must also be included as income. However, if your housing is part of the Military Housing Privatization Initiative, do not include your housing allowance as income. Any additional combat pay resulting from deployment is also excluded from income.
- 14. What if there isn't enough space on the application for my family? List any additional household members on a separate piece of paper and attach to your application. To receive a second application contact the school, Central Office 860-868-6100 or the District's website, www.region-12.org.
- 15. My family needs more help. Are there other programs we might apply for? To find out how to apply for SNAP benefits and to contact the Department of Social Services office in your town, contact United Way's free referral number 2-1-1 (free call, statewide).

If you have other questions or need help, call the Central Office, 860-868-6100.

Sincerely,

Cathy Colella

Cathy Colella, Principal Booth Free and Burnham Schools

Emily Judd

Emily Judd, Principal Washington Primary School

Nondiscrimination Statement: This explains what to do if you believe you have been treated unfairly.

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

- mail: U.S. Department of Agriculture
 Office of the Assistant Secretary for Civil Rights
 1400 Independence Avenue, SW
 Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442; or
- (3) email: program.intake@usda.gov.

This institution is an equal opportunity provider.

Rev. 7/2017 Page 1

Printed name of adult signing the form

2017-18 Application for Free and Reduced-price School Meals or Free Milk Complete one application per household. Please use a pen (not a pencil).

Signature of adult

Application No:	
Application No.	

Today's date

	Child's First Name	MI	Child's Last Name				Student?		Foster	Head	Homeless or
Definition of Household Member : "Anyone who is		IVII	Ciliu S Last Name		School	Grade	Yes No	- r	rostei	Start	Runaway
living with you and share income and expenses,								_ <u>_</u>			
even if not related."								арр			
Children in Foster care and children who meet the definition of Homeless or								all that apply			
Runaway are eligible for free meals. Read How to								ᇫ			
Apply for Free and Reduced-price School								Check			
Meals for more information	1.										
STEP 2 Do ar medic	ny household members (incl cal (HUSKY) benefits).						or TFA? (This c	does No	OT inc	lude
If NO, > Go to STEP	J '		NAP or TFA, write a SNAP OR T ss, it is strongly recommended		_	0	ase Number:				
	this application. See instr	• • • • •	oo,o ou ong. y .oooou		o. o. o	,	Write only	one cas	se number	in this sp	ace.
STEP 3 Rep	ort Income for ALL Househ	old Members (Skip t	this step if you answered "Yes	" to Step 2)							
Are you unsure what income to include here?	Sometimes children in the hou Members listed in STEP 1 here		ase include the TOTAL income ea	rned by all Child Hous		line [v	Weekly Bi-Weekly 2	x Month N	Monthly Annu	ual	
Flip the page and review the charts titled "Sources of Income" for more information. The "Sources of Income for Children" chart will help you with the Child Income section. The "Sources of Income for Adults" chart will help you with the All Adult Household Members	for each source in whole dollars Name of Adult Household Members (First & Last Name) \$ \$ \$	Earnings from Work	g yourself) g yourself) even if they do not receive income from any source How often? Yeekly Bi-Weekly 2x Month Monthly Annual	ce, write '0'. If you ente Public Assistance/ Child Support/Alimony		you are certify) that th	nere is no	income How of	to report.
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Rev. 7/2017 Page 2

Date Notice Sent: _____

2017-18 Application for Free and Reduced-price School Meals or Free Milk

SOURCES OF INCOME FOR CHILDREN			SOURCES OF INCOME FOR ADULTS					
Sources of Child Income	Examples		Earnings from Work	Public Assistance/Alimony/ Child Support	Pensions/Retirement/ All Other Income			
Earnings from work	A child has a regular or part-time job who salary or wages	•	Gross income for salary, wages, cash bonuses	 Unemployment benefits Worker's compensation	Social Security (including railroad retirement and black lung benefits)			
Social Security Disability Payments Survivor's Benefits Income from persons outside the household Income from any other source	A child is blind or disabled and receives shenefits A parent is disabled, retired, or deceased receives social security benefits A friend or extended family member reguspending money A child receives income from a private per or trust	If y and their child If y alarly gives a child ension fund, annuity,	Net income from self-employment (farm or business) you are in the U.S. Military: Basic pay and cash bonuses (do NOT include combat pay, FSSA or privatized housing allowances) Allowances for off-base housing, food and clothing	 Supplemental Security Income (SSI) Cash assistance from state or local government Alimony payments Child support payments Veteran's benefits Strike benefits 	 Private pensions or disability Regular Income from trusts or estates Annuities Investment income Earned Interest Rental income Regular cash payments from outside household 			
			and clothing					
	OPTIONAL Children's Racial and Ethnic Identities Ve are required to ask for information about your children's race and ethnicity. This information is important and helps to make sure we are fully serving our community. Responding to this section is optional and does not affect your children's eligibility for free or reduced-price meals.							
Ethnicity (check one	e):	Not Hispanic or Lating	0					
• `	•	•		an Native Hawaiian or Ot	ther Pacific Islander			
Race (check one or more): American Indian or Alaskan Native Asian Black or African American Native Hawaiian or Other Pacific Islander White White Me Richard B. Russell National School Lunch Act requires the information on this application. You do not ave to give the information, but if you do not, we cannot approve your child for free or reduced price meals. You must include the last four digits of the social security number of the adult household member who signs the poster child or you list a Supplemental Nutrition Assistance Program (SNAP), Temporary Assistance for Needy amilies (TANF) Program or Food Distribution Program on Indian Reservations (FDPIR) case number or other DPIR identifier for your child or when you indicate that the adult household member signing the application. The last four digits of the social security number is not required when you apply on behalf of a soster child or you list a Supplemental Nutrition Assistance Program (SNAP), Temporary Assistance for Needy amilies (TANF) Program or Food Distribution Program on Indian Reservations (FDPIR) case number or other DPIR identifier for your child or when you indicate that the adult household member signing the application on the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English. To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410 fax: [202] 690-7442; or email: program.intake@usda.gov. This institution is an equal opportunity provider.								
		School Use Only	y – Do Not Write Below This Line					
Determining Officials (DO) for the school/district MUST complete this section. (Only convert to annual income if there are different frequencies of income listed in Step 3.) Annual Income Conversion: Weekly X 52 ◆ Every 2 weeks X 26 ◆ Twice a Month X 24 ◆ Monthly X 12								
Directly Certified (DC)	based on the State DC List as eligible for	:: 🔲 SNAP 🚨 TFA 🔲	OT \square FM (Free Medicaid) \square F	RM (Reduced Medicaid). Date Ce	ertified on DC List:			
☐ SNAP/TFA Housel	hold providing proof (must be confirmed by	DO) of a handwritten case nu	umber	ead Start	eless or Runaway			
☐ Income Househ	nold: Total household income:	per	Household Size: _	ERRO	R PRONE? YES NO			
Application appro	oved for:	☐ Reduced-price Meals	Is Applicati	ion Denied				

Signature of DO: ______ Date: _____

Rev. 7/2017 Page 3

HOW TO APPLY FOR FREE AND REDUCED-PRICE SCHOOL MEALS

Please use these instructions to help you fill out the application for free or reduced-price school meals. You only need to submit one application per household, even if your children attend more than one school in Regional School District 12. The application must be filled out completely to certify your children for free or reduced-price school meals. Please follow these instructions in order! Each step of the instructions is the same as the steps on the application. If at any time you are not sure what to do next, please contact Region 12 Business Office 860-868-6100.

PLEASE USE A PEN (NOT A PENCIL) WHEN FILLING OUT THE APPLICATION AND DO YOUR BEST TO PRINT CLEARLY.

STEP 1: LIST ALL HOUSEHOLD MEMBERS WHO ARE INFANTS, CHILDREN, AND STUDENTS UP TO AND INCLUDING GRADE 12

Tell us how many infants, children, and school students live in your household. They do NOT have to be related to you to be a part of your household.

Who should I list here? When filling out this section, please include ALL members in your household who are:

- Children age 18 or under AND are supported with the household's income;
- In your care under a foster arrangement, or qualify as homeless or runaway youth;
- Students attending Regional School District 12, regardless of age.

A) List each child's name. Print each child's name. Use one line of the application for each child. When printing names, please print clearly. If there are more children present than lines on the application, attach a second piece of paper with all required information for the additional children.

B) Is the child a student in the district? List the name of the school, the grade and mark "Yes" or "No" under the column titled "Student" to tell us which children attend school in the district. If you marked "Yes," write the grade level of the student in the "Grade" column.

C) Do you have any foster children? If any children listed are foster children, mark the "Foster Child" box next to the child's name. If you are ONLY applying for foster children, after finishing STEP 1, go to STEP 4. Foster children who live with you may count as members of your household and should be listed on your application. If you are applying for both foster and nonfoster children, go to step 3.

D) Are any children homeless, runaway or in a Head Start Program? If you believe any child listed in this section meets this description, mark the "Head Start or Homeless/Runaway" box next to the child's name and complete all steps of the application.

STEP 2: DO ANY HOUSEHOLD MEMBERS CURRENTLY PARTICIPATE IN SNAP or TFA?

If anyone in your household (including you) currently participates in one or more of the assistance programs listed below, your children are eligible for free school meals:

- The Supplemental Nutrition Assistance Program (SNAP)
- Temporary Family Assistance (TFA)
- A) If no one in your household participates in any of the above listed programs:
- Leave **STEP 2** blank and go to **STEP 3.**
- B) If anyone in your household participates in any of the above listed programs:
 - Write a case number for SNAP or TFA. You only need to provide one case number. If you participate in one of these programs and do not know your case number, contact your DSS social worker.

Note: Do not use a HUSKY Medical Benefits number since this number is not a SNAP or TFA case number. It is also recommended (but not required) that you submit proof of this SNAP or TFA case number when you submit the application for processing. Proof does NOT include a copy of the CONNECT card.

• Go to STEP 4.

STEP 3: REPORT INCOME FOR ALL HOUSEHOLD MEMBERS

How do I report my income?

- Use the charts titled "Sources of Income for Children" and "Sources of Income for Adult," printed on the back side of the application form, to determine if your household has income to report.
- Report all amounts in GROSS INCOME ONLY. Report all income in whole dollars. Do not include cents.
 - o Gross income is the total income received before taxes.
 - o Many people think of income as the amount they "take home" and not the total "gross" amount. Make sure that the income you report on this application has NOT been reduced to pay for taxes, insurance premiums, or any other amounts taken from your pay.
- Write a "0" in any fields where there is no income to report. Any income fields left empty or blank will also be counted as a zero. If you write '0' or leave any fields blank, you are certifying (promising) that there is no income to report. If local officials suspect that your household income was reported incorrectly, your application will be investigated.
- Mark how often each type of income is received using the check boxes to the right of each field.

3.A. REPORT INCOME EARNED BY CHILDREN

A) Report all income earned or received by children. Report the combined gross income for ALL children listed in STEP 1 in your household in the box marked "Child Income." Only count foster children's income if you are applying for them together with the rest of your household.

What is Child Income? Child income is money received from outside your household that is paid DIRECTLY to your children. Many households do not have any child income.

3.B REPORT INCOME EARNED BY ADULTS

Who should I list here?

• When filling out this section, please include ALL adult members in your household who are living with you and share income and expenses, even if they are not related and even if they do not receive income of their own.

• Do NOT include:

- o People who live with you but are not supported by your household's income AND do not contribute income to your household.
- o Infants, children and students already listed in STEP 1.

B) List adult household members' names. Print the name of each household member in the boxes marked "Names of Adult Household Members (First and Last)." Do not list any household members you listed in STEP 1. If a child listed in STEP 1 has income, follow the instructions in STEP 3, part A.

C) Report earnings from work. Report all income from work in the "Earnings from Work" field on the application. This is usually the money received from working at jobs. If you are a self-employed business or farm owner, you will report your net income.

What if I am self-employed? Report income from that work as a net amount. This is calculated by subtracting the total operating expenses of your business from its gross receipts or revenue.

D) Report income from public assistance/child support/alimony. Report all income that applies in the "Public Assistance/Child Support/Alimony" field on the application. Do not report the cash value of any public assistance benefits NOT listed on the chart. If income is received from child support or alimony, only report court-ordered payments. Informal but regular payments should be reported as "other" income in the next part.

- E) Report income from pensions/retirement/all other income. Report all income that applies in the "Pensions/Retirement/All Other Income" field on the application.
- **F)** Report total household size. Enter the total number of household members in the field "Total Household Members (Children and Adults)." This number MUST be equal to the number of household members listed in **STEP 1** and **STEP 3**. If there are any members of your household that you have not listed on the application, go back and add them. It is very important to list all household members, as the size of your household affects your eligibility for free and reduced price meals.

G) Provide the last four digits of your Social Security Number. An adult household member must enter the last four digits of their Social Security Number in the space provided. You are eligible to apply for benefits even if you do not have a Social Security Number. If no adult household members have a Social Security Number, leave this space blank and mark the box to the right labeled "Check if no SSN."

STEP 4: CONTACT INFORMATION AND ADULT SIGNATURE

All applications must be signed by an adult member of the household. By signing the application, that household member is promising that all information has been truthfully and completely reported. Before completing this section, please also make sure you have read the privacy and civil rights statements on the back of the application.

A) Provide your contact information. Write your current address in the fields provided if this information is available. If you have no permanent address, this does not make your children ineligible for free or reduced price school meals. Sharing a phone number, email address, or both is optional, but helps us reach you quickly if we need to contact you.

B) Print and sign your name and write today's date. Print the name of the adult signing the application and that person signs in the box "Signature of adult."

C) Mail
Completed
Form to: School
or Region 12
Business Office ,
PO 386,
Washington
Depot, CT 06794

D) Share children's racial and ethnic identities (optional). On the back of the application, we ask you to share information about your children's race and ethnicity. This field is optional and does not affect your children's eligibility for free or reduced price school meals.

Regional School District 12 11A School St / P.O. Box 386 – Washington Depot, CT 06794 Ph. 860-868-6100 BRIDGEWATER – ROXBURY - WASHINGTON

SHARING INFORMATION WITH OTHER PROGRAMS

2017-2018

Dear Parent/Guardian:

To save you time and effort, the information you provided on your *Free and Reduced-price School Meals/Milk Application* may be shared with other programs for which your children may qualify. We must have your permission to share this information with other programs. Please sign below for any additional benefits you are interested in receiving. By signing for the benefits, you are certifying that you are the parent/guardian of the children for whom the application is being made.

Note: Submitting this form will not change whether your children get free or reduced-price meals or free milk.

NO, I do NOT want information from my Free and Reduced-price School Meals/Milk Application shared with any of these programs.

YES, I **DO** want school officials to share information with the programs listed below only if my *Free and Reduced-price School Meals/Milk Application* is approved.

- Principal or Designee for the purpose of reducing the cost of extra curricula trips or activities.
- Principal or Designee for the purpose of reducing the cost of High School Advanced Placement Exams and SAT Testing.
- Community agencies for additional family resources.

If you checked YES above, complete the information below and return it with your application.

PLEASE PRINT

Child's Name:		School:				
Child's Name:		School:				
Parent/Guardian Name:		_				
Address:	City:			State:	Zip:	
Signature of Parent/Guardian:			Date:			

For more information, please call Nancy Baran at 860-868-6100. Return this form to Shepaug Regional School District 12, Attention Nancy Baran, PO Box 386, Washington Depot, CT 06794.

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the <u>USDA Program Discrimination Complaint Form</u>, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

- mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington. D.C. 20250-9410:
- (2) fax: (202) 690-7442; or
- (3) email: program.intake@usda.gov.

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Rev. 7/2017 Addendum B



Does Your Child Have Health Insurance?

Connecticut offers low-cost or free coverage!

Dear Parent / Guardian,

Is your child protected by health insurance? If not, your school and the State of Connecticut want to help. Connecticut's HUSKY Health program, for example, pays for doctor visits (including physical exams), prescriptions, emergency care, vision and dental care, mental health care, special healthcare needs and more. It's for children under age 19 in families of all incomes. Approximately 300,000 Connecticut children now have their health care covered by the HUSKY Health program.

There are two parts to the HUSKY Health program for children:

- I. **HUSKY A** (or Medicaid) For children in families with limited income. Parents, relative caregivers and pregnant women may also be eligible.
- II. HUSKY B (or Children's Health Insurance Program) For children in families with higher incomes.

To apply online, please visit <u>AccessHealthCT.com</u>. To apply by phone, please call 855-394-2428 (TTY: 855-789-2428). For general information about HUSKY Health, please visit <u>www.ct.gov/Husky</u>. **You can apply for HUSKY A or HUSKY B any time of the year.**

Your child needs YOU to stay healthy, too!

When you apply for HUSKY Health for your child, see what Access Health CT has to offer you.

Most Connecticut residents have to wait until the next Open Enrollment period (November 1, 2017 - December 15, 2017) to get health care coverage through Access Health CT. You may be able to get coverage earlier if you have a Qualifying Life Event OR if you qualify for Medicaid (HUSKY A or D) or CHIP (HUSKY B).

What is a Qualifying Life Event?

Qualifying Events include*:

- Just married an Access Health CT customer
- Having or adopting a child
- Permanently moving to Connecticut from another state
- Losing other affordable, minimum Essential Health Benefits
- Having a change in income or household status

*For more information visit Learn.AccessHealthCT.com/Special



Addendum C: INFORMATION ON THE SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM (SNAP)

Dear Parent/Guardian:

If your children qualify for free school meals or milk, you might also qualify for **SNAP** (formerly called Food Stamps). SNAP helps people buy food for themselves and their families. SNAP benefits are issued each month on plastic debit cards. You can use SNAP benefits to buy food at major supermarkets, neighborhood grocery stores, and some farmers' markets authorized to accept SNAP.

HOW TO QUALIFY

If and how much SNAP you qualify for depends on:

- your household's income;
- allowable deductions to your household's income (examples include monthly shelter expenses, medical bills, and court ordered child support);
- your household size; and
- at least 5 years U.S. residency for qualified non-citizens.

If you have access to the Internet, you can go online to see if you may be eligible for SNAP. Go to www.connect.ct.gov and click "Am I Eligible?" Owning your own home or owning a car will not prevent you from being eligible for SNAP.

	Gross	Gross						
Household Size	Monthly	Annual						
	Income	Income						
1	\$1,832	\$21,984						
2	\$2,470	\$29,640						
3	\$3,108	\$37,296						
4	\$3,747	\$44,964						
5	\$4,385	\$52,620						
6	\$5,023	\$60,726						
7	\$5,663	\$67,956						
8	\$6,304	\$75,648						
For each additional member	+642	+7704						
Larger house	Larger households = higher incomes							

TO APPLY OR GET MORE INFORMATION

- To find your local Connecticut Department of Social Services (DSS) office, call **United Way's free referral number 2-1-1** (free call statewide).
- You can find a list off all Connecticut Department of Social Services (DSS) office, or you can apply online at www.connect.ct.gov (click "Apply for Benefits"). You can get the paper SNAP application in English at www.ct.gov/dss/lib/dss/pdfs/applications/w-le.pdf. It is a provided in Spanish at www.ct.gov/dss/lib/dss/pdfs/applications/w-les.pdf.
- The following three organizations conduct outreach for DSS and can assist with applying for SNAP benefits:
 - 1. **The Community Health Center Association of Connecticut** works with the following community health centers, which will help you enroll in SNAP.

HARTFORD COUNTY AND TOLLAND COUNTY	WINDHAM COUNTY	NEW HAVEN COUNTY	FAIRFIELD COUNTY
Community Health Services Hartford 860-249-9625 Charter Oak Health Center Hartford 860-550-7500 Intercommunity, Inc. East Hartford 860-569-5900 First Choice Health Centers East Harford, Manchester, Vernon 860-528-1359, ext. 241	Generations Family Health Center Willimantic, Norwich, Putnam 860-450-7471, ext. 6300	Cornell Scott Hill Health Center New Haven 203-503-3000 StayWell Health Center Waterbury 203-756-8021, ext. 3814	Norwalk Community Health Center Norwalk 203-899-1770, ext. 1203 Optimus Health Care Bridgeport, Stamford, Stratford 203-696-3260, ex. 3326 CIFC Greater Danbury Community Health Center 203-743-0100, ext. 254 Southwest Community Health Center Bridgeport 203-332-3542
Wheeler Clinic Bristol 860-920-4175	Community H Association of	lealth Center Connecticut	Family Centers Greenwich 203-655-4693

Addendum C: INFORMATION ON THE SNAP, continued

- 2. **End Hunger CT!** provides a SNAP eligibility screener (www.ctsnap.org) and call center (866-974-SNAP (7627)) to assist in determining eligibility. If you are eligible for SNAP, you will stretch your food dollars, support your school and community, and your kids get school meals at no cost. Many families are surprised they qualify it is quick, easy and confidential to check by using the screener and call center.
- 3. **The Connecticut Association for Community Action** (CAFCA) works with the following community action agencies that will help you enroll in SNAP:

Agency	Phone Number	Areas Served
Action for Bridgeport Community Development, Inc. (ABCD)	203-366-8241	Greater Bridgeport Area and Upper Fairfield County
The Access Community Action Agency (Access)	860-450-7400	Windham and Tolland Counties
Community Action Agency of New Haven, Inc. (CAANH)	203-387-7700	Greater New Haven Area
The Community Action Agency of Western Connecticut, Inc. (CAAWC)	203-744-4700	Northwestern CT and Lower Fairfield County
Community Renewal Team, Inc. (CRT)	860-560-5600	Hartford and Middlesex County
Human Resources Agency of New Britain, Inc. (HRA)	860-225-8601	New Britain and Bristol Areas
New Opportunities, Inc. (NOI)	203-575-9799	Greater Waterbury, Meriden, and Torrington Areas
Thames Valley Council for Community Action, Inc. (TVCCA)	860-889-1365	Naugatuck Valley
Training Education and Manpower, Inc. (TEAM)	203-736-5420	Southeastern CT- New London County

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 1400 Independence Avenue, SW
 Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442; or
- (3) email: program.intake@usda.gov.



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